

Look What's New for 2018!

— Updated as of 3/21/2018 —

You asked... we listened! HealthTrust is pleased to share the following enhancements to our plans.

Access Blue New England Site of Service (SOS) Plan Enhancements – Effective 7/1/18

SOS is a consumer choice plan option offering robust medical coverage with cost savings for choosing cost-effective providers. To enhance the current comprehensive coverage provided by the SOS benefit option, the following enhancements are being implemented:

- Physical/Speech/Occupational Therapy: 60 combined visits per person per plan year (currently 20 per therapy)
- Chiropractic Services: Unlimited visits (currently 12 visits)
- Outpatient surgery at a Site of Service Ambulatory Surgery Center: \$0 copay (currently \$75)
- Allergy injections: \$0 copay (currently subject to specialty visit copay)
- Acupuncture: 12 visits per person per plan year, subject to specialty visit copay (currently not covered)
- X-rays and other high cost radiology services at a Site of Service radiology provider, walk-in center, or Ambulatory Surgical Center: \$0 copay (currently applies to deductible)

Access Blue 15/40IPDED – Effective 7/1/18

- Acupuncture: 12 visits per person per plan year, subject to specialist visit copay (currently not covered)

CVS Maintenance Choice – An Enhanced Way to Fill Long-Term Prescriptions – Effective 1/1/18

With this new program Enrollees now have the choice of obtaining their long-term prescriptions (up to a 90-day supply) at any CVS Pharmacy in New Hampshire or nationwide (including at Target locations), or continue to utilize the mail service program through CVS Caremark (up to a 90-day supply).

Slice of Life 2018 Enhancements – Effective 1/1/18

HealthTrust updated our Slice of Life wellness program to make it:

- **Simpler** – fewer forms to complete and fewer rules than in the past.
- **More engaging** – participants choose the healthy activities they want to do on their Personal Wellness Journey and HealthTrust rewards them for their healthy choices.
- **More rewarding** – more choices and greater rewards than ever before – up to \$475 in cash rewards plus up to \$100 towards the purchase of a fitness device. A total value of up to \$575!*

*The amount of any cash and the value of any other wellness incentive rewards received from HealthTrust are taxable to the recipient for federal income tax purposes.

ConvenientMD – New Option for HealthTrust Enrollees – Effective 11/1/17

Having options can make it easier for individuals to access healthcare when they need it. That's why HealthTrust has recently entered into an arrangement with ConvenientMD that allows medically covered Enrollees and their family members to:

- **Receive a free flu shot.**
- **Have a free Biometric Health Screening.** Beginning 11/1/17 for the 2018 Slice of Life program year, medically Covered Employees, Retirees and Spouses can have a Biometric Health Screening at any ConvenientMD location in New Hampshire. They simply need to print the *2018 Biometric Health Screening Authorization Form* (available by clicking the Forms and Documents link at www.healthtrustnh.org) and bring it with them to a ConvenientMD location – no appointment needed!

In addition, at Convenient MD they can access non-emergency care seven days a week, from 8:00 a.m. to 8:00 p.m. for only the cost of their PCP or specialty visit copay. They can also enjoy shorter wait times, on average, to receive care and lower costs compared to a hospital emergency room.

ConvenientMD provides a cost-effective way for Enrollees and their family members to access care when and where they need it, and receive preventive services including screenings and flu shots to help them stay healthy.

SmartShopper Enhancements – Effective 1/1/18

- 12 additional categories of eligible procedures including x-rays, breast biopsy, hip or knee replacement, additional MRIs, and more.
- Enhanced services including help with shopping, scheduling appointments, and more.