

Dear Parents,

In November we implemented our Breakfast After the Bell program, which aims to provide students with breakfast at a time when they are most ready for food. Students will be able to receive their breakfast during their schools designated breakfast/snack time, and depending on their individual schools policy have a snack delivered to them in class if arriving after the bell. Research has shown that students who eat breakfast regularly have better focus and perform better academically than those who do not.

If your child is eligible for free breakfast and you have not opted them out of the program we want your child to receive this benefit and we ensure that a breakfast is provided for him/her daily. Please remind your student that they have breakfast ready and waiting for them every day. They also can take this breakfast as a snack. If students don't come for a hot breakfast from 8:20 - 8:40, we will distribute a cold breakfast to them that they can choose to eat later in the morning at snack time.

If your child is not eligible for free breakfast but you would like to ensure that breakfast is provided daily for him/her, simply fill in the form below and we will ensure that one is provided for them every day. Many of you already have so please remind your student to take their breakfast in the morning if they have been opted in. They also can have it as their snack. If students don't come for a hot breakfast from 8:20 - 8:40, we will distribute a cold breakfast to them that they can choose to eat later in the morning at snack time.

If you have not already submitted a form stating you want your student to receive breakfast if they are not eligible for free please do. Forms should be returned to: Michael Onorato, Food Service Director.

If your student is eligible for free breakfast and you do not want to have a breakfast/snack given to them every day please fill out that section of this form. Forms should be returned to: Michael Onorato, Food Service Director.

If you have questions about the program or any concerns, please contact me directly.

Sincerely,
Michael Onorato,
Food Service Director, SAU1
603-924-3336 ext 2060
conval@freshpickscafe.com

My child is not eligible for free breakfast, but I would like a breakfast automatically served daily at a charge of \$1.25 per day for full pay students, or \$.30 a day for students who qualify for reduced meal prices.

Student's Full Name

Parent Signature

My Student is eligible for free breakfast, but I do not want my child to participate

Student's Full Name

Parent Signature



This institution is an equal opportunity provider.